



Center for Family Guidance, PC Resource List

Substance Use

- [FindTreatment.gov](https://www.findtreatment.gov)

Find a substance use treatment facility near you

- Living Proof Recovery Center

<https://unityrecovery.zoom.us/my/allrecovery>

Meetings any day of the week at 9am, 12pm, 3pm and 9pm

- [NJ Peer Recovery](#)

1-833-422-2765

Peer support from 8am to 10pm, seven days a week

- [NJ Connect for Recovery](#)

855-652-3737

Confidential call line for those who are experiencing distress regarding a loved one's substance use

- [Alcoholics Anonymous Online Intergroup](#)

- [In The Rooms](#)

Global online community with over 500,000 members who share their strength and experience with one another daily through live meetings, discussion groups, and all the other tools

- [LifeRing](#)

Organization of people who share practical experiences and sobriety support based on the idea that there are many ways to live free of drugs and alcohol as there are stories of successful sober people

- [Narcotics Anonymous Online Meeting Directory](#)

- [The Phoenix](#)

Recovery Community Organization offering live stream Crossfit, Yoga and Meditation daily every two hours through the COVID-19 Crisis

- [XA-Speakers](#)

Recorded Speakers from a variety of 12-step fellowships

Mental Health

- [National Suicide Prevention Lifeline](#)

1-800-273-TALK (8255)

Free and confidential support for people in distress, 24/7

- [Behavioral Health Treatment Services Locator](#)

Find treatment facilities confidentially and anonymously, 24/7

- [NJ Mental Health Cares](#)

1-866-202-4357

Free and confidential support from 8am to 8pm, seven days a week



- [Mental Health Association Peer Recovery Warmline](#)
877-292-5588
Monday through Friday 8am to 10pm and Saturday and Sunday: 5pm to 10pm
- [Women Rising](#)
201-333-5700
24/7 domestic violence hotline

Co-Occurring Services

- [National Helpline](#)
1-800-662-HELP (4357)
Treatment referral and information, 24/7
- [WEconnect Health Management](#)
Online recovery support groups available daily and open to anyone who is dealing with substance use, mental health concerns, disordered eating regardless of recovery pathway or status

Other Resources

- [Vets4Warriors Warmline](#)
1-855-838-8255
24/7 National Program for Veterans who have served in wars
- [Mom2Mom Warmline](#)
1-877-914-6662
Warmline for mothers of children with special needs, 8am-8pm
- [Care2Caregiver](#)
1-800-424-2494
Warmline for family members who are caregivers to those with memory loss, Alzheimer's, Dementia or a related disorder from 8am to 8pm
- [Cop2Cop](#)
1-866-267-2267
24/7 hotline for law enforcement and their families
- [Worker2Worker](#)
1-855-327-7482
Warmline for DCPP workers from 8am to 8pm
- [Aid NJEA](#)
1-866-243-6532
Warmline for school staff members and their families, Monday-Thursday, 12p,-8pm and Fridays 12pm-6pm
- [Main Rx Pharmacy](#)
973-732-7703
Delivers all across New Jersey